

## GOOD PRACTICE

# Changing for the Future



**City**  
Dundee

**Country**  
Scotland

**Population**  
144.290

**Mission**  
To reduce inactivity,  
increase overall  
participation in sport and  
physical activity.

**Organization**  
City of Dundee and  
Dundee Partnership  
Sport

**Target Group**  
Citizens of all ages



### Objectives

The goal is to make Dundee a city renowned for opportunities, levels of participation and achievements in sport and physical activity.. Further it is their hope that this strategy energizes and supports those already participating in or providing physical activity and engages new people of all ages into the many sports and activities available in Dundee.

### The Concept

The city of Dundee has Partnership Sport and Physical Activity Strategy. The Dundee Partnership Sport has developed a strategy which can make a tangible difference to life in Dundee. Through addressing practical barriers and creating opportunities they will increase everybody's chance of being active and support both individuals and organizations to make active choices. This cross-cutting strategy addresses many themes within the Dundee Community Planning Partnership.



The intention of this document is not to duplicate these actions but to cross-reference work through our city-wide monitoring database by providing a comprehensive and cohesive strategy to increase and improve physical activity. This strategy unites the work of physical activity and sports providers, signalling Dundee's commitment to meeting the Scottish Government's priorities and forms a key step towards the "Active Nation Games" legacy planning and action .

For more details concerning the strategy and action plan, please click on link below:

[http://www.dundee.gov.uk/sites/default/files/publication\\_1504.pdf](http://www.dundee.gov.uk/sites/default/files/publication_1504.pdf)



**For more detail, please contact:**

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